

John Dravillas, PT, OCS, MTC, CCI
719 Santa Monica Boulevard
Santa Monica, CA 90401
310 260 9039

Education

Washington University in St. Louis, Missouri, School of Physical Therapy
Bachelor of Science in Physical Therapy. 1986

University of Illinois at Champaign-Urbana, School of Liberal Arts and Sciences
Bachelor of Science in Biology. 1984

Work Experience

Founder and President
Physical Therapyworks
719 Santa Monica Blvd, Santa Monica, CA 90401
1996 to Present

Founder and President
PTWorks+
2014 to present

Founder and Director
Physical Therapyworks Orthopedic Residency Program
2011 to 2017

Secretary
CPPSIG (California Private Practice Special Interest Group)
2012

Private Practitioner and Independent Contractor
USC, Cedars-Sinai, Western Physical Therapy.
January 1992 to September 1996

Overseas Educator
Taught physicians and physical therapists in Lithuania.
October 1994 to December 1994

Staff Physical Therapist
Kern and Associates
January 1990 to October 1994

Staff Physical Therapist
Bay Shores Medical Group (later Health Care Partners, currently Optum)

June 1998 to December 1989

Staff Physical Therapist
Mercy Hospital
January 1988 to May 1988

Staff Physical Therapist
Triad Healthcare
January 1987 to December 1987

Post Graduate Education

DNS C. Clare Frank. 2023

DNS B. Clare Frank. 2022

DNS A. Clare Frank. 2022

Dynamic Neuromuscular Stabilization for Exercise. Erin McGuire. 2022

COVID 19 Long Haulers: Potential Long Term Physical Problems. Mary Massey. 2021

Level 1 Blood Flow Restriction Training. Ed La Cara. 2021

LINKED: Breathing and Postural Control. Mary Massey. 2020

Clinic Instructor Certification. Michael Simpson and Valerie Teglia. 2019

Nutritional Support of Rehabilitation in Orthopedic Musculoskeletal Conditions. 2019

USC Orthopaedic Surgery – Sports Medicine Football Injury Symposium. 2018

Differential Diagnosis of the Upper Quarter. Chad Cook. 2018

Differential Diagnosis: Spot Diagnosis or Triage. Chad Cook. 2018

Differential Diagnosis: Foundational Clinical Decision Making. Chad Cook. 2018

Differential Diagnosis and Current Strategies for Treatment of Upper Quarter Entrapment.
Cynthia Davenport. 2018

Practical Ethics for Physical Therapists. Moral Courage in Healthcare. Susan Griffin. 2018

Pharmacology for Rehabilitation Therapists. Lynn Wecker. 2018

Red Flags and Red Herrings: Clinical Decision Making in the Assessment and Treatment of
Headaches. Michael O'Donnell and Lyssa Cleary. 2017.

USC Shoulder Update. 2016

Practical Ethics for Physical Therapists. Susan Griffin. 2016

Conditioning the Hip, Trunk and Compensatory Swing Mechanics. Robert Donatelli. 2016

Diagnosis and Treatment of Movement Impairment Syndromes. Shirley Sahrmann. 2015

Reasoning with Unreasonable People. Focus on Disorders of Emotional Regulation. Martin Antony. 2015

Practical Applications of Manual Lymphatic Therapy. Jeannie Staudt. 2014

Treatment and Rehabilitation of Orthopedic Shoulder Disorders. Cynthia Davenport. 2014

Clinical Decision Making in Orthopedic Physical Therapy. Chad Cook. 2014

Therapy Updates Webinar. Palmetto GBA. 2013

Professional Responsibility: Where Ethics and Best Practice Meet. 2012

Using The Laws to Get Paid/Analysis and Enforcement of Provider Contracts. Gwen Simons. 2012

Sports Medicine Conference: Caring for the Young Athlete. CHLA. 2012

Comprehensive Pain Management: A Practical Guide for Professionals. Steven Richeimer, et al. 2012

Sports Medicine Conference. Santa Monica Orthopaedic Group. 2012

Orthopedic Clinical Specialist Certification. 2011

Emerging Techniques in Orthopaedic Sports Medicine Symposium. John Itamura. 2011

Orthopedic Physical Therapy Seminars. Lower Quarter and Upper Quarter. Joe Godges. 2010

Orthopedic Physical Therapy Seminars. Spine Module. Joe Godges. 2009

Janda Approach to Musculoskeletal Pain Syndromes. Clare Frank. 2007

Vestibular Rehabilitation. Julia Burlette. 2004

Neurological Screening. Julia Burlette. 2004

Combined Movements of the Spine. Jack Dabbert. 2002

Third Annual Orthopedic Update. Roy Meals. 2001

Advanced Training with Brian Mulligan. 2001

Evidence Based Practice in Orthopedics. Year Long Course. Joe Godges. 2000

Screening for Disease of the Upper Quarter. 2000

Joint Manipulation. Laurie Hartman. 1999

HVLA Full Spine Manipulation Techniques. Jerry Lee. 1998

NAGS, SNAGS, MWM's, etc. Brian Mulligan. 1998

Complex Regional Pain Syndromes. Russell Foley. 1996

Improving Function in Geriatric and Neurological Rehabilitation. Beth Fischer. 1996

Home Care Reality. W.K. Anermaet. 1995

Diagnosis in Physical Therapy. Shirley Sahrman. 1995

Bodywork and Psychotherapy, Joint Symposium. 1995

Mobilization of the Nervous System. David Butler. 1993

International Symposium on Low Back Pain and the Sacroiliac Joint. Joint Symposium. 1992

Thoracic Spine Evaluation and Treatment. Lois Bulgarides. 1992

Functional Relationships of the Lower Half. Richard Jackson. 1992

The Seventh Annual Sports Medicine Symposium. UCLA. 1991

Advanced Techniques in Biomechanical Assessment and Treatment. Jean DeBetignes. 1991

Lumbar Spine - Evaluation and Treatment. Lois Bulgarides. 1990

Evaluation and Treatment of the Thoracic Cage. Loren Rex. 1990

MF1. Soft Tissue Mobilization. IGHS (Institute of Graduate Health Sciences, Currently University of St. Augustine). 1990

E1. Evaluation and Manipulation of the Extremities. IGHS. 1990.

S3. Advanced Evaluation and Manipulation of the Cranio-Facial, Cervical, and Upper Thoracic Spines. IGHS. 1990.

Introduction to Muscle Energy Technique. Loren Rex. 1989

Manual Therapy and Movement. Level Two. Joe Godges and Joy Yakura. 1989

Manual Therapy and Movement. Level One. Joe Godges and Joy Yakura. 1989

Evaluation and Treatment of the Lumbar Spine. Grace Walker. 1988

S2. Advanced Evaluation and Manipulation of the Pelvic, Lumbar and Thoracic Spines. IGHS. 1988

S1. Introduction to Spinal Evaluation and Manipulation. IGHS. 1988

Introduction to Craniosacral Manipulation. The Upledger Group. 1988

Podiatric Physical Therapy. Robert Donatelli. 1998

Licenses and Certifications

CCI. Certified Clinical Instructor.

OCS. Board Certified Clinical Specialist in Orthopaedic Physical Therapy. APTA

MTC. Certified Manual Therapist. IGHS

CPR Certified